

2011-2012 Menu



**KNOX COUNTY
CAREER CENTER**

YOUR FUTURE. OUR MISSION.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty/Bun Cheeseburger/Bun Seasoned Corn Crisp Salad Diced Peaches Cold Milk 	Pizza Day Chef Salad Steamed Carrots Apple Sauce Cold Milk	Soft Taco/Meat Sauce Ham/Turkey Wrap Green Beans Mixed Fruit Cold Milk	Hot Dog/Bun BBQ Pork Rib/Bun Oven Baked Potato Rounds Pineapple Tidbits Cold Milk	Spicy Chicken Strips Sausage/Cheese/Bun Steamed Broccoli Apple Sauce Cup Whole Wheat Bread Cold Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Beef Patty/Bun Chicken Nuggets Baked Beans Sliced Pears Whole Wheat Bread Cold Milk	Spaghetti/Meat Sauce Corn Dog Mini Crisp Salad Fresh Fruit or Juice Breadstick Cold Milk	Mashed Potato Bowl with Corn/Popcorn Chicken Chef Salad Pineapple Chunks Whole Wheat Bread Cold Milk	Stuffed Crust Pizza Chicken Salad Wrap Seasoned Peas/Carrots Mandarin Oranges Cookie Cold Milk 	Taco Salad/Tort. Shells Spicy Chicken Patty/Bun Steamed Carrots Diced Peaches Cold Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Sloppy Joe/Bun Deli Turkey/Cheese/Bun Corn-on-the-Cob Fruit Jello Cold Milk	Pasta/Meat Sauce Shredded BBQ Pork/Bun Green Beans Diced Peaches Roll and Butter Cold Milk	French Bread Pizza Corn Dog Crisp Salad Apple Sauce Cookie Cold Milk	Sweet/Sour Chicken/Rice Hot Dog/Bun Oriental Veggies Crisp Salad Mixed Fruit, Fortune Cookie Cold Milk	Meat Ball/Sub Brats/Kraut/Bun Scalloped Potatoes Diced Pears Cookie Cold Milk 
Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Bagels Corn Dogs Seasoned Corn Mandarin Oranges Snack Item Cold Milk	Texas Straw Hat Corn Chips Mexican Pizza Seasoned Carrots Mixed Fruit Cold Milk	Spicy Chicken Patty/Bun Salisbury Steak/Bun Mashed Potatoes/Gravy Diced Peaches Cold Milk 	Ravioli/Meat Sauce Meat Ball/Sub Crisp Salad Apple Sauce Cup Whole Grain Roll Cold Milk	Chicken Quesadilla Chili/Crackers Peanut Butter Sandwich Crisp Salad Pineapple Tidbits Cold Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Breadstick/Dip Chef Salad Green Beans Diced Peaches Cookie Cold Milk	Stuffed Crust Pizza Egg Salad/Wrap California Blend Veggies Apple Sauce Cookie Cold Milk 	Chicken Nuggets Cheeseburger/Bun Loaded Baked Potato Pineapple Chunks Breadstick Cold Milk	Brats/Kraut/Bun Hot Dog/Bun/Toppings Seasoned Corn Mixed Fruit Cold Milk	Cook's Choice Day 

Daily Choices

Fresh Fruits and Veggies
(daily)

Chef Salad
(Tues, Wed, Thurs)

Follow the menu with its calendar day (below). Each week is represented by a color and represents a 5-week cycle menu.

Lunch Prices:
 Student: \$2.50
 Reduced: \$.40
 Adult: \$3.85

Free and reduced lunch applications are available in the cafeteria or school office. Or, call 740-397-5820, Ext. 3229.

Menu subject to change.

Equal Opportunity Employer.

